# From having legs hacked off to getting **RS foothold: A Master's journey of grit**

1994 in Kannur. For 31 years

Sadanandan Master has been living with these scars when CPM workers severed both his legs, mutilated them on the surface of the road so

## PM Nominates RSS Votary Who Lost Both Limbs In '94 CPM Attack

New Delhi: It was May 2016 Speaking et a rally in Kasara god. Prime Minister Naren-dra Modi hold up the hand of dra Modi held up the hand of C Sadanandan Master as he lamented the silence imposed on the story of the vic-posed on the story of the vic-timof barbaric pell violence. Coming from a family of hardcore CPM members the ol teache ar old scho To year-old school teacher lwas influenced by the writ-lings of poot Akkitham and Turned Into a votary of RSS's philosophy of cultural na-tionalism. He was dubbed a lwaitar by his comrades, who punished the defection by hacking off both his legs in 1994. The limbs were mutilat-ded so that they could not be prejoined. The PM breacbed the "stence" on Sunday that rejound. The PM breached \_bb "shence" on Sunday that \_bb complained about nine \_rears ago by announcing Sa-damandan Master's nomina-tion to Rajya Sabha — a move \_bbai lakhs of members and \_sympathisers of RSS would \_applaud.

For, if the atrocity was meant to intimidate him into mean to intimidate him into submission, the attackers Eailed miserably. Sadanan-dan, populatly known as Master or 'Maashay', who is now depardent on his pros-thetic legs, did not let the gruesome attack deter him From taking on the powerful CPM in their stronchold of Farmar and elsewbere, and armaneatine Hindura. In-ECFM in their stronghold of Kannur and elsewhere, and propagating Hindutva. Im-portandly be has been argu-ling against the use of vio-lence to settle political and Edeological disagreements. If the recognition of Sada-mandam Master helpe explain his enduring appeal among Easy supporters of RSS, the PM Easy they another research

ve them another reas

studies show that unban indians consum around 9.2 grams/tlay, and even in rural areas, it is around 5.5 grams/day — both bigher than recommended

celebrate on Sunday the nomination of historian Meenakshi Jain Part of the rare breed that challenged the dominant Left historiog-raphy; Jain had to endure re-sistance and ridicule in aca-demic circles. She, however sistance and ridicule in acde-denic circles. She, however, earned the admiration of Hindutvactricles by detailing the destruction of temples in the medieval period, a taboo area for 'mainstream' histo-rians. Her books — 'Flight of Deities and Robirth of Tum-ples', 'The Battle for Rama Case of the Temple at Ayod-hya', and Rama and Ayod-hya'

blasts case, is not known on his links with RSS. Yet, his nomination appears to be part of Modi rewarding those who turn out to be sym-bols of the cause.

bolis of the cause. Ditts for Harsh Vardhan Shringla, the career diplo-mat who served as foreign secretary under Modi 20. He was seen as BJF's choice for the Darjeeing LS seat in the 2024 Lok Sabha elections be-fore the leadership deferred to the in-house windom that the incumbent be retained. The PMmay have gone along with the majocity view, but did not let the former ambas-sador slip off this radar. A Leftist turned-RSS la-ryakarta, Sadarandan Mas service in the face of a brital political attack on him in Ditto for Harsh Vardhan

New Delhi: Excessive salt consump-

New Definit Excessive said consump-tion is fuelling a silent epidemic in India with people in increased risko? hypertonison, stroke, heart disease, and kidney disorders, according to scientists from ICMR's National In-stitute of Epidemiology The scientists have initiated a community led said reduction study

community-led salt reduction study to address the issue and are focusing on low-sodium salt substitutes. While the Wold Health Organisa-tion recommends less than 5 grams of salt per person per day, studies show that urban Indians consume around 9.2 grams/ day, and even in ru-



## 'Hindi or Marathi?' Nikam recalls chat with Modi

both his legs, multi area memo on the surface of the road so that he couldn't undergo linb reglantation and left him writhingin pain. The brutal attack dion't deter Sadarandan Master as he returned to his teaching job and social service on prosthetic legs. He has con-sistently spoken out against political violence, espectally in Karnur, and has advocat-de pace and dialogue. "The psychology of vio-lence is that of action and re-nection. Iann a victim of politi-cal violence, and I have al-wars maintained that in my willing to take on any role to ond this violence." he had told TDIn 2018. told TOLIn 2016 Sadanandan Master un-successfully contested the 2016 and 2021 assembly elec-

2005 and 2021 assembly elec-tions in Kerala on a BJP ticket from the Koothupa-rambu constituency in Kan-nur district. Currently, he is the vice president of BJP's Keralaunit.



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## India in grip of silent salt consumption epidemic: ICMR-NIE

"Just switching to low-sodium salt can lower blood pressure by 7/4 mmHg on average a small change with a big impact." De Maruisaid. Totackie the issue of high salt con-sumption, the NIE has laurched a three-year intervention project in Puriaband Telanzana supported by the Indian Council of Medical Re-cearch the seed is to empire the afral areas, it is around 5.6 grams/day both higher than recommended. One promising tool in thiseffort is low-so dium salt substitutes – blends where dium salt substitutes – blends where part of the sodium chloride is re-placed with potassium or magnesi-um salts, Dr Sharan Muruhi, a senior scientist at National Institute of Epi-demiology (NE) and principal invo-tigator of the study, salt. "Lessers 3-dium consumption helps reduce blood pressure and improves overall heart health, making law-sodium al-heart health, making law-sodium althe indian Council of Medical field search. The goal is to evaluate the ef-fectiveness of structured salt reduc-tion counselling in reducing blood pressure and sodium intake among inan infives a meaningful switch, especially for those with hypertension," DrMurali stated.

dividuals with hypertension, senior scientist at NIE, Dr Ganesh Kumar who is alson part of the study said. en

Last week, the passenger, identified only as Bhavesh, was on his way to Virar sta-tion te drop off a relative when an autorickshaw brushed past him. Bhavesh told the driver in Marathl to be careful. The rickshaw driv-Amid assessment reports 'scam'. med regulator gets a new chief

isseen apologisingfor hisadt, hands joined, while a group of menrain blows on him. Last week, the passenger,

New Delhi: The govt has ap-pointed Dr Abhijat Sheth as the new chairperson of the National Medical Commis-sion (NWC), the apex body for regulating egulating nedical educa-on in the

medical educa-tion in the country, re-ports Durgesh Nandau-Jha. He will be ropiacing De B N Gangadhar who difered to relinquish the post several months ago ow-ing to health concerns. Sourc-es said the goot had asked Dr Gangadhar tocontinue antil a new appointment was made. Dr Sheth, whose appoint-ment has been notified served a gravident of National Board t Examination in Medical Sci-

as president of National Board of Examination in Medical Sci-ences that conducted NEET-PG exams before this. Dr Shefth's appointment comes amid allegations of cor-mention in assessment propris ruption in assessment reports submitted for medical colleges.

Vishal Rajerashadk (TNN Vasai: Days after a video driver's refusal to converse in Marchi had gone virat, the gone of the strategy and as saturd by agroup of men, al-gone of the strategy and as saturd by agroup of men, al-gone of the strategy and as saturd by agroup of men, al-gone of the strategy and as saturd by agroup of men, al-gone of the strategy and as the strategy agroup of men, al-gone of the strategy and as the strategy agroup of men, al-gone of the strategy agroup of the strategy agroup of men, al-gone of the strategy agroup of RE The autorickshaw driver was

not only assaulted but also forced to apologise to a passenger with whom he had refused to speak in Marathi

Uddhav Sena's men trace & assault autowala over Marathi

> er responded in Hindi, saying he would 'not apool. Ma-rath' but would converse on-lyin lindi. Bhir Sena (UBT) neta from Vasa Uraz, Uday Jad-haw who allegedly led the as-sault with his men, said shat they hadbeenseouring for the autorickshaw driver over the past week since the video had gore viral. 'He nas disre-spected Marathilanguage [in the video]. We have now taughthim alesson...Anyone who disrespects the Marathi language will be raught a les-son in this monner. Senior inspector of Virar policestation, Lalu Tare, said

eight or nine have been book ed for rioting and assault.

### Uddhav-Raj alliance not sealed yet: **UBT's Raut**

Mumhai: Shiv Sena (UBT) MP Sanjay Raut on Sunday said that even though MNS chiof Raj Thackeray and Sona (UET) chief Uddhav Thacker ray came together against imray came together against im-position of Hindi, their politi-ral alliance was not sealed yet. Raut said it was neces-sary for this alliance to forge.

yet. Rout said it was neces-sary for this alliance to forge, and now there should be no confusion, reports Chaita-nya Marpakwar. Raut also said that one day Ray would come forward and clear the air on his high tea moetings with Devondra Fad-navis and Eknath Shinde. Raut made the comments in his weekly column in Saam-na. Political araiysts said through his column, Raut was cautioning Ray that he runts tay thus to the Thackes-ray reunion and announce a formal alliance without al-lowingconfusion correpin. "Raut taalscopressing fors formal alliance between the that that allowing containing Ray that the said that he said him was creating confusion," a political observer said.



to ethics panel to ethnics panel BisMuck Kavithaon Sunday filed a formal complaint through a letter addressed to relangana legislative council chairman dutha Sukhender Reidy, requesting that the matter be referred to the Committee on Hins: "Na a public representative and anomber of the nonoursel fedisfature, such comments by Mallanna have deeply shocked me. I have been advocating for two years that reservations

years that reservations should be provided to BCs, who constitute more than half of the country's population, based on their population proportion," Kavitha wrote.

Several people, including Kavitha, were booked on changes of attempted murchanges of attempted dec, rioting, trespassing criminal intimidation. sing, an

Interspress MLC Chintapandu Naveen Ku-mar's gumman allegolly opened fire BRS MLC K Ka-vitha's Telangana Jagruth imember after they stormed Kumar's offleson Sunday jöd-lewing his remark that Ka-vitha as an upper caste had lowing his remark that Ka-vitha as an upper caste had no right to speak about the 42% BC quota introduced by the govt in Tolangana. Though no one was hurt in the firing, some of Kavith-a's supporters sustained bleeding injuries from shat-tered glass panes.





